





| L.p.                | Imię i nazwisko               | Czas           |              |              |              |              |               |              |              |              |              |              |              |              |
|---------------------|-------------------------------|----------------|--------------|--------------|--------------|--------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| <b>ŚREDNIA (14)</b> |                               | <b>4,5 km</b>  |              |              | <b>18 PK</b> |              | <i>(c.d.)</i> |              |              |              |              |              |              |              |
|                     |                               | 1(110)         | 2(111)       | 3(112)       | 4(113)       | 5(114)       | 6(115)        | 7(103)       | 8(116)       | 9(106)       | 10(105)      | 11(124)      | 12(107)      |              |
|                     |                               | 13(117)        | 14(108)      | 15(124)      | 16(118)      | 17(109)      | 18(127)       | Meta         |              |              |              |              |              |              |
|                     | <b>Marcin SOCHACKI</b>        | <b>abs</b>     |              |              |              |              |               |              |              |              |              |              |              |              |
|                     | <b>UKS ENERGETYK Dychów</b>   | <b>abs</b>     |              |              |              |              |               |              |              |              |              |              |              |              |
|                     | <b>Adam MARKOWSKI</b>         | <b>abs</b>     |              |              |              |              |               |              |              |              |              |              |              |              |
|                     | <b>UKS ENERGETYK Dychów</b>   | <b>abs</b>     |              |              |              |              |               |              |              |              |              |              |              |              |
| <b>TRUDNA (14)</b>  |                               | <b>6,5 km</b>  |              |              | <b>21 PK</b> |              |               |              |              |              |              |              |              |              |
|                     |                               | 1(102)         | 2(115)       | 3(118)       | 4(104)       | 5(126)       | 6(116)        | 7(107)       | 8(119)       | 9(120)       | 10(121)      | 11(122)      | 12(123)      |              |
|                     |                               | 13(125)        | 14(117)      | 15(106)      | 16(105)      | 17(118)      | 18(101)       | 19(113)      | 20(114)      | 21(127)      | Meta         |              |              |              |
| <b>1</b>            | <b>Grzegorz STEŻYCKI</b>      | <b>40:22</b>   | 2:02         | 3:23         | <b>4:26</b>  | <b>5:23</b>  | <b>6:00</b>   | <b>7:34</b>  | 11:20        | 12:37        | <b>15:22</b> | <b>18:15</b> | <b>20:44</b> | <b>23:33</b> |
|                     | <b>Biegacz Gąski</b>          |                | 2:02         | <b>1:21</b>  | <b>1:03</b>  | <b>0:57</b>  | 0:37          | 1:34         | 3:46         | <b>1:17</b>  | <b>2:45</b>  | <b>2:53</b>  | 2:29         | <b>2:49</b>  |
|                     |                               |                | <b>24:20</b> | <b>27:32</b> | <b>31:05</b> | <b>32:07</b> | <b>33:01</b>  | <b>35:54</b> | <b>36:50</b> | <b>38:46</b> | <b>39:51</b> | <b>40:22</b> |              |              |
|                     |                               |                | <b>0:47</b>  | <b>3:12</b>  | <b>3:33</b>  | 1:02         | <b>0:54</b>   | 2:53         | <b>0:56</b>  | 1:56         | 1:05         | 0:31         |              |              |
| <b>2</b>            | <b>Krzysztof MOL</b>          | <b>41:59</b>   | 1:54         | 3:23         | 4:37         | 5:44         | 6:20          | 7:35         | <b>11:15</b> | <b>12:35</b> | 15:30        | 18:30        | 20:55        | 23:52        |
|                     | <b>5pa Sulechów</b>           |                | 1:54         | 1:29         | 1:14         | 1:07         | <b>0:36</b>   | <b>1:15</b>  | <b>3:40</b>  | 1:20         | 2:55         | 3:00         | <b>2:25</b>  | 2:57         |
|                     |                               |                | 24:47        | 28:12        | 32:10        | 33:12        | 34:12         | 37:36        | 38:37        | 40:32        | 41:34        | 41:59        |              |              |
|                     |                               |                | 0:55         | 3:25         | 3:58         | 1:02         | 1:00          | 3:24         | 1:01         | 1:55         | <b>1:02</b>  | <b>0:25</b>  |              |              |
| <b>3</b>            | <b>Marcin GRYDZIUSZKO</b>     | <b>45:07</b>   | <b>1:52</b>  | <b>3:18</b>  | 4:45         | 5:46         | 6:24          | 8:07         | 12:09        | 13:27        | 16:31        | 19:41        | 22:48        | 25:53        |
|                     | <b>UKS ENERGETYK Dychów</b>   |                | <b>1:52</b>  | 1:26         | 1:27         | 1:01         | 0:38          | 1:43         | 4:02         | 1:18         | 3:04         | 3:10         | 3:07         | 3:05         |
|                     |                               |                | 26:49        | 30:15        | 34:36        | 35:55        | 37:06         | 40:18        | 41:27        | 43:25        | 44:33        | 45:07        |              |              |
|                     |                               |                | 0:56         | 3:26         | 4:21         | 1:19         | 1:11          | 3:12         | 1:09         | 1:58         | 1:08         | 0:34         |              |              |
| <b>4</b>            | <b>Szczepan KOGUT</b>         | <b>46:12</b>   | 4:45         | 6:14         | 7:21         | 8:34         | 9:50          | 11:13        | 15:13        | 16:40        | 19:41        | 23:17        | 26:05        | 29:01        |
|                     | <b>UKS ENERGETYK Dychów</b>   |                | 4:45         | 1:29         | 1:07         | 1:13         | 1:16          | 1:23         | 4:00         | 1:27         | 3:01         | 3:36         | 2:48         | 2:56         |
|                     |                               |                | 29:55        | 33:19        | 36:54        | 37:51        | 38:50         | 41:42        | 42:40        | 44:33        | 45:44        | 46:12        |              |              |
|                     |                               |                | 0:54         | 3:24         | 3:35         | <b>0:57</b>  | 0:59          | <b>2:52</b>  | 0:58         | 1:53         | 1:11         | 0:28         |              |              |
| <b>5</b>            | <b>Tomasz GAŚIOREK</b>        | <b>47:07</b>   | 2:16         | 3:38         | 4:59         | 6:19         | 7:00          | 9:05         | 13:35        | 14:52        | 18:38        | 22:03        | 25:14        | 28:16        |
|                     | <b>HKS Azymut Mochy</b>       |                | 2:16         | 1:22         | 1:21         | 1:20         | 0:41          | 2:05         | 4:30         | <b>1:17</b>  | 3:46         | 3:25         | 3:11         | 3:02         |
|                     |                               |                | 29:14        | 33:09        | 37:08        | 38:15        | 39:24         | 42:47        | 43:43        | 45:35        | 46:38        | 47:07        |              |              |
|                     |                               |                | 0:58         | 3:55         | 3:59         | 1:07         | 1:09          | 3:23         | <b>0:56</b>  | <b>1:52</b>  | 1:03         | 0:29         |              |              |
| <b>6</b>            | <b>Gerhard BRETTSCHEIDER</b>  | <b>52:53</b>   | 2:25         | 4:18         | 5:40         | 6:53         | 7:36          | 9:06         | 13:52        | 15:27        | 20:13        | 24:01        | 27:19        | 31:01        |
|                     | <b>Kaulsdorfer OLV Berlin</b> |                | 2:25         | 1:53         | 1:22         | 1:13         | 0:43          | 1:30         | 4:46         | 1:35         | 4:46         | 3:48         | 3:18         | 3:42         |
|                     |                               |                | 32:31        | 36:55        | 41:45        | 43:04        | 44:13         | 47:52        | 49:02        | 50:59        | 52:10        | 52:53        |              |              |
|                     |                               |                | 1:30         | 4:24         | 4:50         | 1:19         | 1:09          | 3:39         | 1:10         | 1:57         | 1:11         | 0:43         |              |              |
| <b>7</b>            | <b>Jacek DYMARCZYK</b>        | <b>59:46</b>   | 2:49         | 5:01         | 6:42         | 9:04         | 10:11         | 12:02        | 17:18        | 19:00        | 23:29        | 27:29        | 30:47        | 34:53        |
|                     | <b>Biegacz Dychów</b>         |                | 2:49         | 2:12         | 1:41         | 2:22         | 1:07          | 1:51         | 5:16         | 1:42         | 4:29         | 4:00         | 3:18         | 4:06         |
|                     |                               |                | 36:26        | 41:29        | 47:07        | 48:34        | 49:46         | 54:02        | 55:06        | 57:28        | 59:00        | 59:46        |              |              |
|                     |                               |                | 1:33         | 5:03         | 5:38         | 1:27         | 1:12          | 4:16         | 1:04         | 2:22         | 1:32         | 0:46         |              |              |
| <b>8</b>            | <b>Tomasz WIŚNIEWSKI</b>      | <b>1:03:38</b> | 3:36         | 6:06         | 8:09         | 9:46         | 11:00         | 12:41        | 17:00        | 18:53        | 22:17        | 30:40        | 34:07        | 37:47        |
|                     | <b>10BK Panc Świętoszów</b>   |                | 3:36         | 2:30         | 2:03         | 1:37         | 1:14          | 1:41         | 4:19         | 1:53         | 3:24         | 8:23         | 3:27         | 3:40         |
|                     |                               |                | 39:02        | 44:05        | 49:09        | 50:34        | 51:50         | 56:36        | 58:34        | 1:01:21      | 1:02:46      | 1:03:38      |              |              |
|                     |                               |                | 1:15         | 5:03         | 5:04         | 1:25         | 1:16          | 4:46         | 1:58         | 2:47         | 1:25         | 0:52         |              |              |
| <b>9</b>            | <b>ŁUKASZ WÓJCIK</b>          | <b>1:03:48</b> | 2:47         | 4:25         | 5:42         | 6:46         | 7:41          | 8:59         | 13:20        | 14:51        | 18:05        | 36:25        | 39:25        | 42:47        |
|                     | <b>10BK Panc Świętoszów</b>   |                | 2:47         | 1:38         | 1:17         | 1:04         | 0:55          | 1:18         | 4:21         | 1:31         | 3:14         | 18:20        | 3:00         | 3:22         |
|                     |                               |                | 43:39        | 47:24        | 51:43        | 53:04        | 54:08         | 57:44        | 58:50        | 1:01:16      | 1:03:13      | 1:03:48      |              |              |
|                     |                               |                | 0:52         | 3:45         | 4:19         | 1:21         | 1:04          | 3:36         | 1:06         | 2:26         | 1:57         | 0:35         |              |              |
| <b>10</b>           | <b>Anita DRON</b>             | <b>1:11:38</b> | 4:45         | 7:12         | 8:42         | 11:51        | 13:12         | 20:51        | 24:48        | 27:06        | 31:27        | 38:43        | 41:58        | 45:45        |
|                     | <b>10BK Panc Świętoszów</b>   |                | 4:45         | 2:27         | 1:30         | 3:09         | 1:21          | 7:39         | 3:57         | 2:18         | 4:21         | 7:16         | 3:15         | 3:47         |
|                     |                               |                | 47:00        | 52:02        | 57:08        | 58:32        | 59:48         | 1:04:35      | 1:06:32      | 1:09:19      | 1:10:43      | 1:11:38      |              |              |
|                     |                               |                | 1:15         | 5:02         | 5:06         | 1:24         | 1:16          | 4:47         | 1:57         | 2:47         | 1:24         | 0:55         |              |              |
| <b>11</b>           | <b>Natalia SIWIEC</b>         | <b>1:39:19</b> | 39:22        | 41:08        | 42:23        | 43:45        | 44:37         | 46:01        | 50:46        | 52:47        | 57:10        | 1:01:46      | 1:05:46      | 1:09:37      |
|                     | <b>10BK Panc Świętoszów</b>   |                | 39:22        | 1:46         | 1:15         | 1:22         | 0:52          | 1:24         | 4:45         | 2:01         | 4:23         | 4:36         | 4:00         | 3:51         |
|                     |                               |                | 1:11:08      | 1:18:19      | 1:24:10      | 1:25:54      | 1:27:35       | 1:32:29      | 1:33:55      | 1:36:48      | 1:38:05      | 1:39:19      |              |              |
|                     |                               |                | 1:31         | 7:11         | 5:51         | 1:44         | 1:41          | 4:54         | 1:26         | 2:53         | 1:17         | 1:14         |              |              |
|                     | <b>Adrian MYK</b>             | <b>nkl</b>     | 2:14         | 3:44         | 5:18         | 6:47         | 7:46          | 9:17         | 13:44        | 15:18        | 19:40        | 23:50        | 27:58        | 31:29        |
|                     | <b>10BK Panc Świętoszów</b>   |                | 2:14         | 1:30         | 1:34         | 1:29         | 0:59          | 1:31         | 4:27         | 1:34         | 4:22         | 4:10         | 4:08         | 3:31         |
|                     |                               |                | 32:59        | 37:11        | 41:56        | 43:10        | 44:14         | 48:31        | 49:52        | 51:51        | -----        | 53:39        |              |              |
|                     |                               |                | 1:30         | 4:12         | 4:45         | 1:14         | 1:04          | 4:17         | 1:21         | 1:59         |              | 1:48         |              |              |
|                     | <b>Radosław DZIEMIDOWICZ</b>  | <b>abs</b>     |              |              |              |              |               |              |              |              |              |              |              |              |
|                     | <b>UKS ENERGETYK Dychów</b>   |                |              |              |              |              |               |              |              |              |              |              |              |              |

| L.p.                | Imię i nazwisko                                  | Czas          |             |             |              |             |             |               |              |              |              |              |              |              |
|---------------------|--|---------------|-------------|-------------|--------------|-------------|-------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|
| <b>TRUDNA (14)</b>  |  | <b>6,5 km</b> |             |             | <b>21 PK</b> |             |             | <i>(c.d.)</i> |              |              |              |              |              |              |
|                     |  | 1(102)        | 2(115)      | 3(118)      | 4(104)       | 5(126)      | 6(116)      | 7(107)        | 8(119)       | 9(120)       | 10(121)      | 11(122)      | 12(123)      |              |
|                     |  | 13(125)       | 14(117)     | 15(106)     | 16(105)      | 17(118)     | 18(101)     | 19(113)       | 20(114)      | 21(127)      | Meta         |              |              |              |
|                     | <b>Tomasz ŻAK</b><br><b>UKS ENERGETYK Dychów</b> | <b>abs</b>    |             |             |              |             |             |               |              |              |              |              |              |              |
| <b>RODZINNA (1)</b> |  | <b>2,1 km</b> |             |             | <b>12 PK</b> |             |             |               |              |              |              |              |              |              |
|                     |  | 1(101)        | 2(110)      | 3(102)      | 4(115)       | 5(126)      | 6(104)      | 7(118)        | 8(105)       | 9(124)       | 10(108)      | 11(109)      | 12(127)      |              |
|                     |  | Meta          |             |             |              |             |             |               |              |              |              |              |              |              |
| <b>1</b>            | <b>Daniel MYK</b><br><b>10BK Panc Świętoszów</b> | <b>20:16</b>  | <b>1:22</b> | <b>2:50</b> | <b>4:12</b>  | <b>6:19</b> | <b>8:31</b> | <b>9:39</b>   | <b>11:33</b> | <b>13:09</b> | <b>13:59</b> | <b>16:03</b> | <b>18:26</b> | <b>19:37</b> |
|                     |  |               | <b>1:22</b> | <b>1:28</b> | <b>1:22</b>  | <b>2:07</b> | <b>2:12</b> | <b>1:08</b>   | <b>1:54</b>  | <b>1:36</b>  | <b>0:50</b>  | <b>2:04</b>  | <b>2:23</b>  | <b>1:11</b>  |
|                     |  | <b>20:16</b>  | <b>0:39</b> |             |              |             |             |               |              |              |              |              |              |              |